### Workshop: Generation Gratitude

















**PENNSYI.VANIA** FFA FOUNDATION, INC.

### "You know this generation..."

An "Ungrateful Generation"



#### Gratitude Check-In



## What does it mean to grateful?

- Record on a half sheet of paper what you are MOST grateful for in your life
- Write with markers, Clip photos and Be Creative
- These sheets will be used for a collage

















# Having a grateful mindset...

Look at the Brightside ©

Growing despite challenge

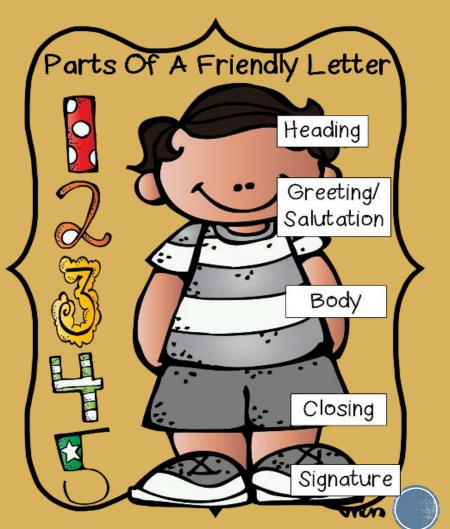
Savor the Moments...





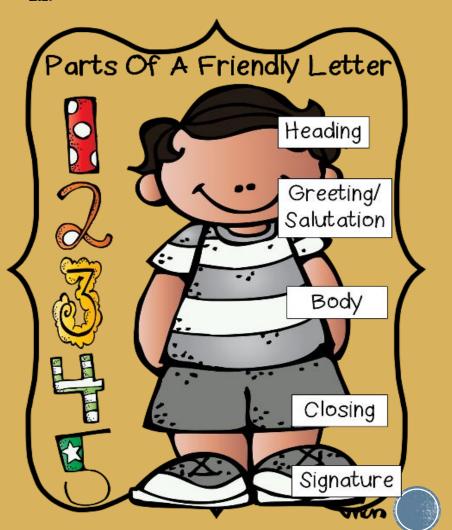
### What sets your note apart?

- •Sincere
- -Hand written
- Pictures
- -Emotional Intelligence



### What sets your note apart?

- -Greeting
- Express your thanks
- -Add specific details
- Look ahead
- Restate your thanks
- End with your regards



### Your challenge...

- Write one thank you note using the guide provided (yellow document)
- Have one chaperone, advisor, trustee, past state officer or current state officer read your note.
- Retrieve FFA sticker from your proof reader
- Exit Pass: Turn you thank you card in as you leave the banquet hall today





